

Newton Recreation Department

PICKLEBALL



Free-Play

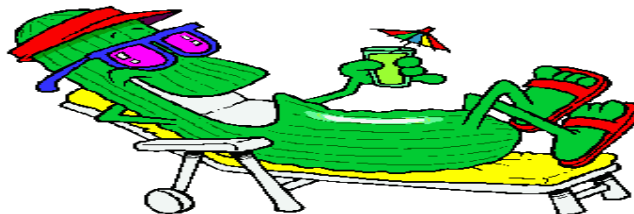
**Friends – Co-workers – Family – Church Members – Classmates
Senior Groups – Youth Groups – Club Members**

Tuesdays & Thursdays

10:00am-1:00pm

Newton Recreation Center-Gym

23 South Brady Avenue, Downtown Newton, NC



Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Similar to tennis, players use a perforated plastic ball (like a whiffle ball) and wood or composite paddles. It is easy for beginners to learn, but can develop into a fast-paced, competitive game for experienced players. Pickleball is a fun game that also provides great exercise – soft on the joints, but fast enough to keep players engaged. The game has a social aspect as well, with good natured banter back and forth.



For More Information Contact

Carol Stiles, City of Newton Assistant Director.....cstiles@newtonnc.gov.....828-695-4317